



Knowledge Transfer and Adaptation

Self-Supervised Learning

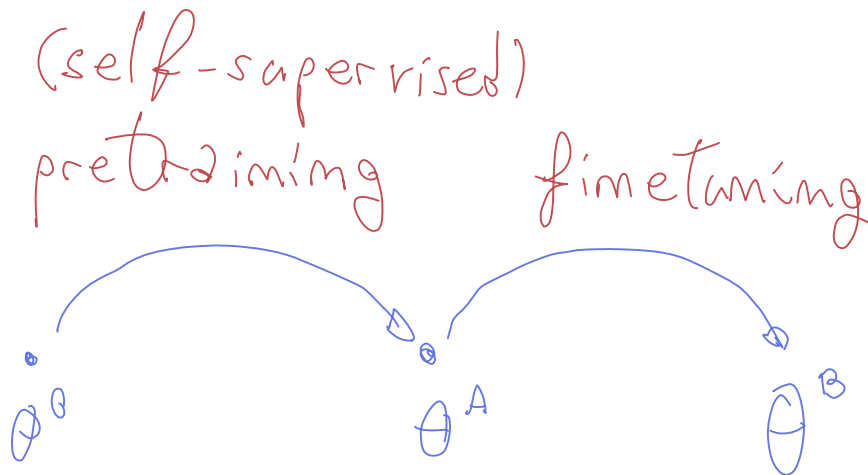
Antonio Carta

antonio.cart@unipi.it

How do we pretrain a network?

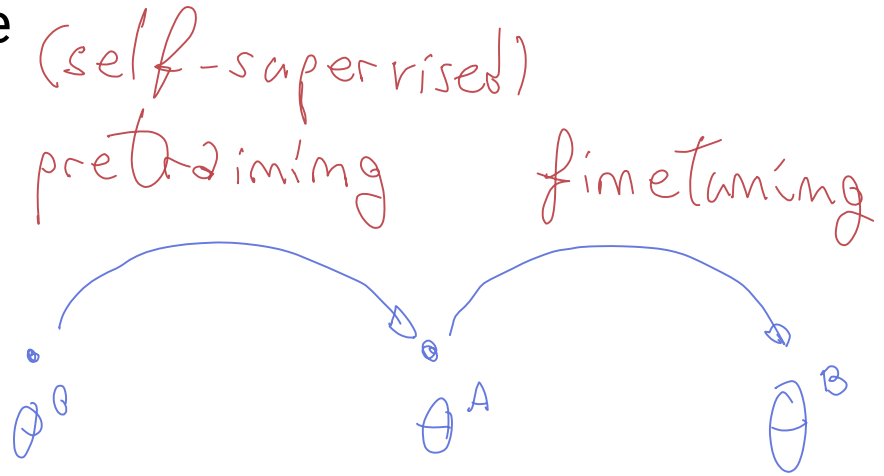
Objective: forward transfer

- what is self-supervised learning
- self-supervised methods in computer vision



Motivations

- we want to learn discriminative features for a classification problem but we don't have labels
- we want features that are **transferable** to many downstream tasks



- **Self-supervised learning (SSL)** is predictive learning. Given a (large) unlabeled dataset, the system is trained on a task where the labels are self-generated.
- **pretext task**: the self-supervised task that defines a supervised loss given the unsupervised data.
- **evaluation**: we have a set of downstream tasks. We finetune the pretrained model on each task separately and evaluate the performance.
 - **Downstream task**: problems that we want to solve after pretraining
- **KEEP IN MIND**: we don't care about the pretext task, it's just a method to train the DNN representation.

Evaluation



- **evaluation** on downstream tasks
- **finetuning** on all layers
- **linear probing**: finetune only the final classifier

Example - BERT



- **Example:** BERT is a language model trained via self-supervised learning.
 - objective: masked language modeling (MLM)
 - input: x is a sequence of tokens with some masked tokens
 - output: y is the original sequence, where the masked tokens are predicted from their surrounding context
- **Why do we use the MLM objective?**
 - we have lots of data
 - MLM does not require expensive labels
 - MLM models transfer very well to downstream tasks in NLP

- **augmentations**: exploit the properties of the domain (vision), such as invariances to transformations, to learn robust representations
- **contrastive learning**: learn representations by comparing and contrasting pairwise images.
- **encoding/autoregressive**: learn to reconstruct the input or predict a missing part of the input.
 - you have seen a lot of examples in ISPR and HLT, so we won't cover them today
 - keep in mind that they are part of the SSL family

Objective of the lecture



Learn the main ingredients of modern SSL techniques for vision

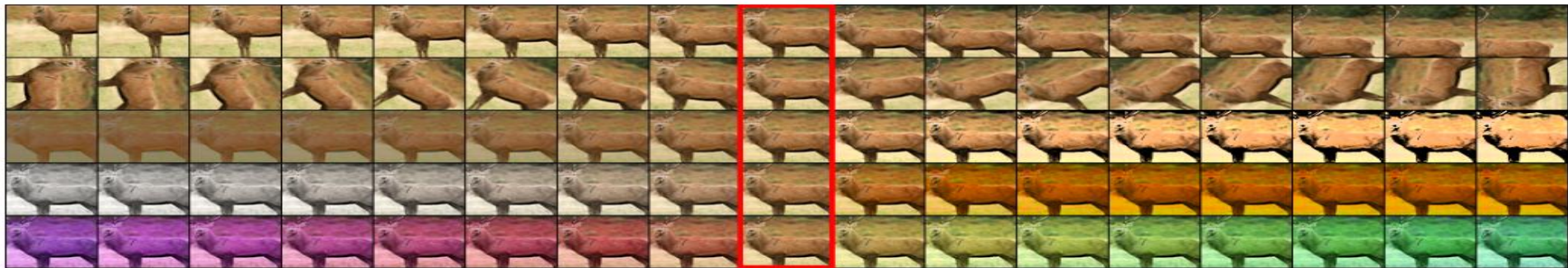
- How to use augmentation to create pretext tasks
- Contrastive losses (in supervised contexts)
- Instance discrimination in SSL with DNNs (augmentations + contrastive losses)

Augmentations

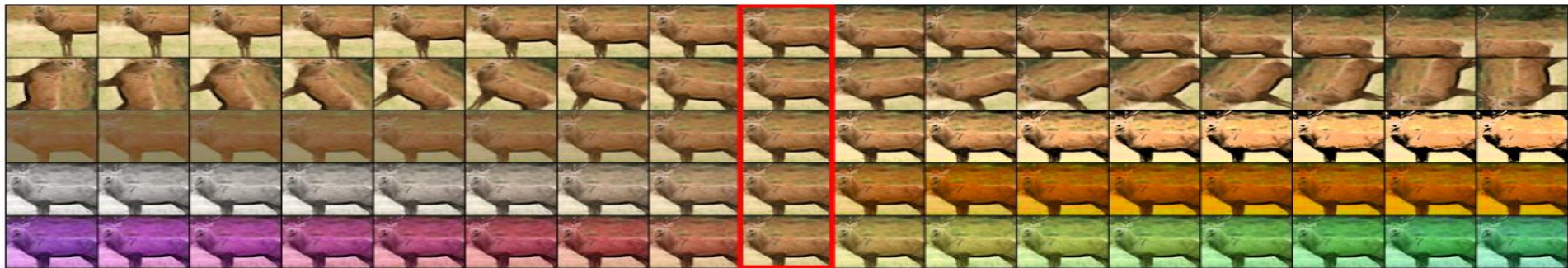
Invariance to augmentations



- **IDEA:** if we apply small augmentations (rotations, white noise, translations, ...) to an image, its class doesn't change
- **pretext task:** given a batch of images resulting from different augmentations, predict whether they are the same image or not.
 - This is called the *instance discrimination task*
- The model must learn to
 - extract salient features of the images to recognize them
 - be invariant to augmentations



- **surrogate class**: an instance (image) from the original dataset represent a surrogate class
- **instances of the class**: augmented version of the original instance. We create instances by repeatedly applying stochastic augmentations.
- **augmentations**: cropping, scaling, rotation, color, contrast
- **pretext task**: assign each augmented image to its corresponding surrogate class



Learning from Image Patches

- **pretext task:** predict relative position of two random patches from the same image
- **challenge:** the task should be solvable but not too trivial
 - if patches are too far, their relative position may be unpredictable
 - if patches are neighbors, the model can track lines and edges to align the patches
- **solution:**
 - extract patches from a grid (not too difficult)
 - add noise and augmentations to break trivial solutions

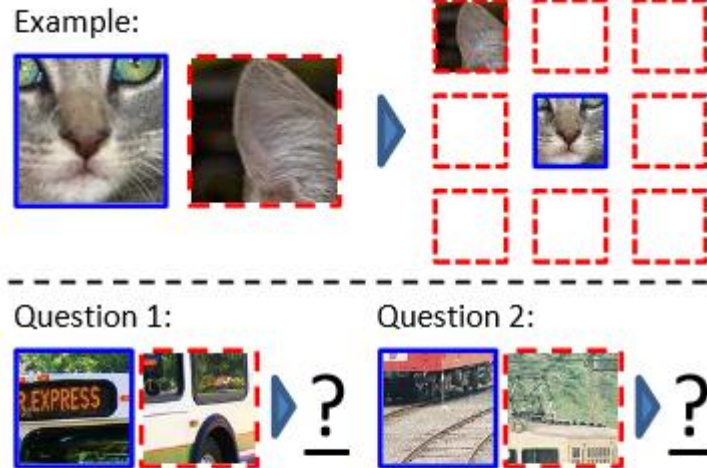


Figure 1. Our task for learning patch representations involves randomly sampling a patch (blue) and then one of eight possible neighbors (red). Can you guess the spatial configuration for the two pairs of patches? Note that the task is much easier once you have recognized the object!

Chromatic Aberrations

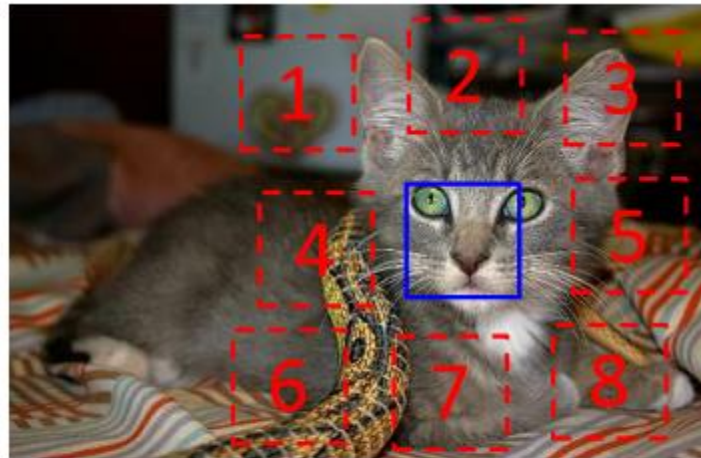
- Defining pretext tasks is hard
- The model must not be able to solve the problem using trivial features
- Example: Chromatic Aberrations
 - Color distortion along boundaries due to poor lenses
 - Chromatic aberrations make the patch task trivial to solve



Learning from Image Patches



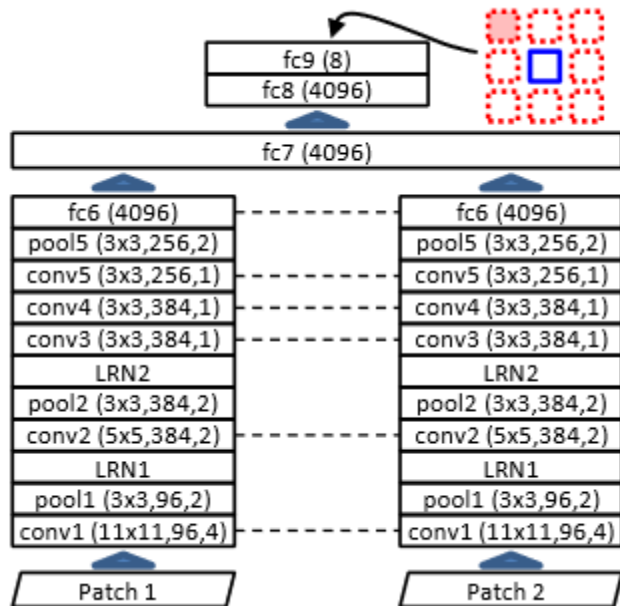
- randomly sample the central patch (cat eyes in the picture)
- randomly pick one neighbor from the 3x3 grid centered around the first patch (8 choices)
- to make the task more difficult and encouraging learning nontrivial features
 - add small gaps and jitters (see the image, the grid is not perfectly aligned)
 - randomly upsample/downsample to introduce pixelation artifacts
 - apply color transformations



▼

$$X = \left(\begin{array}{c} \text{cat eyes} \\ \text{cat ear} \end{array} \right); Y = 3$$

Model Architecture – Siamese Architecture

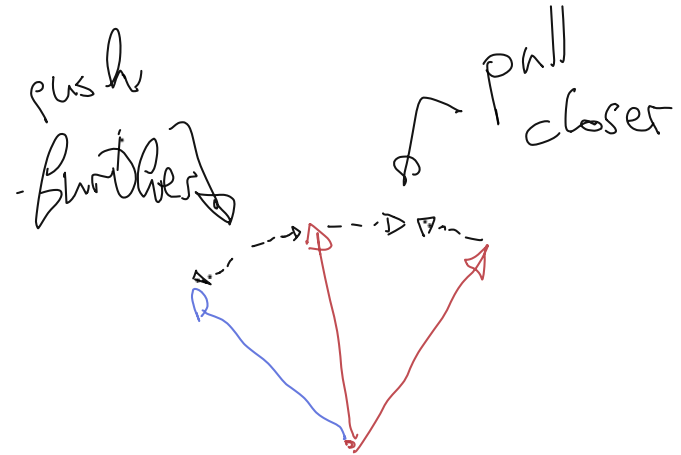


- The exact set of augmentations is fundamental to ensure that the model learns a non-trivial representation
- Different kinds of augmentations: color, position, noise, global vs local, ...
 - [Transforming and augmenting images – Torchvision 0.21 documentation](#)
- Lots of literature on that
- In general, we want to create as much diversity as we can
 - removing any trivial features
 - keeping the instance identity

Contrastive Losses

Contrastive Learning

- **Objective:** learn a latent representation space that is semantically meaningful (for downstream tasks)
- **Example:** in a downstream classification problem, we would like the examples to be linearly separable
- **IDEA:** similar images are close to each other, diverse images are far
- **contrastive learning:** compare and contrast pairs of images during training to learn good representations



Contrastive vs Crosseentropy



softmax + crosseentropy also pushes+contrast

- logits of the positive class are pushed up
- logits of the negative classes are pushed down
- this effect becomes problematic in imbalanced settings

Supervised vs Self-Supervised



- Contrastive losses can be applied in both supervised and self-supervised contexts
- In supervised:
 - positive pair: samples from the same class
 - Negative pair: samples from different classes
 - Example applications: face recognition, person identification
- In self-supervised we need to define our own pairs. We use the **instance discrimination task**
 - Positive: samples from the same instance with different augmentations
 - Negative: augmented samples from different instances

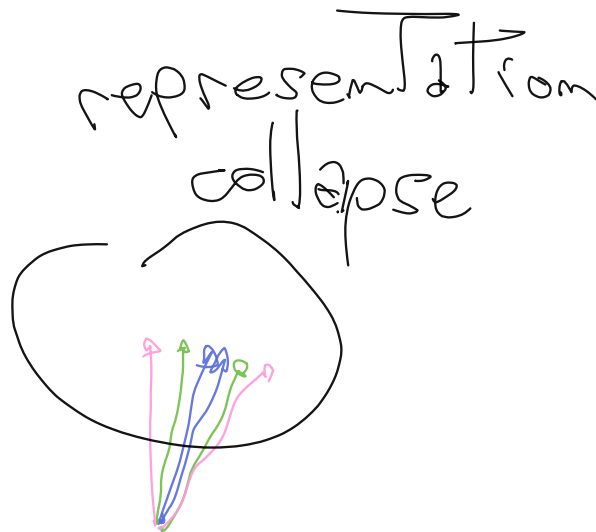
Contrastive Learning



- we need to **compare and contrast**
- positive pairs → bring them closer
- negative pairs → push them further
- **Q1**: How do we sample positive/negative pairs?
- **Q2**: Which loss do we use?

Representation Collapse

- Why do we need to push negative samples further?
- **representation collapse**: if we don't there is a trivial solution: collapse everything to the same representation
- The main challenge in contrastive SSL is to learn high quality representations while avoiding representation collapse



Triplet Loss



- We start with the simplest contrastive loss: the triplet loss
- We want a loss that allows to learn from positive/negative pairs

STUDY NOTE:

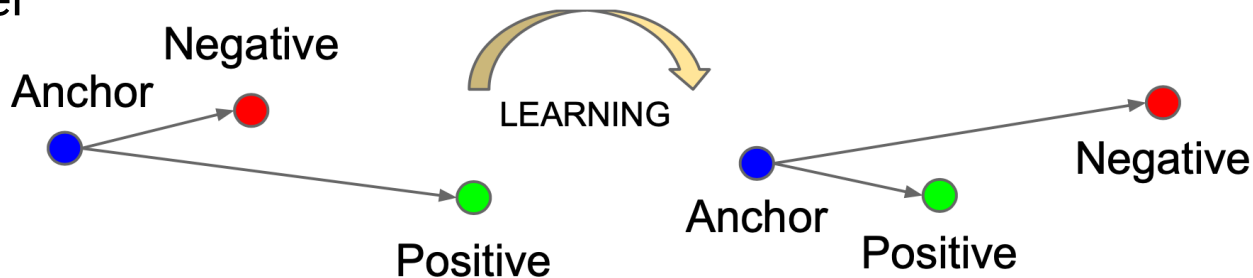
- the exact form of the loss is not important.
- What matters is that you understand
 - how the loss allows to compare and contrast samples
 - how the negative and positive pairs are constructed
 - what is done to avoid collapse

Triplet Loss



minimize the distance between the anchor and positive and maximize the distance between the anchor and negative

- **anchor**: embedding representing the class/concept
- **positive**: embedding of an image with the same label as the anchor
- **negative**: embedding of an image from a different class
- **objective**: pull anchor and positive closer, push anchor and negative further

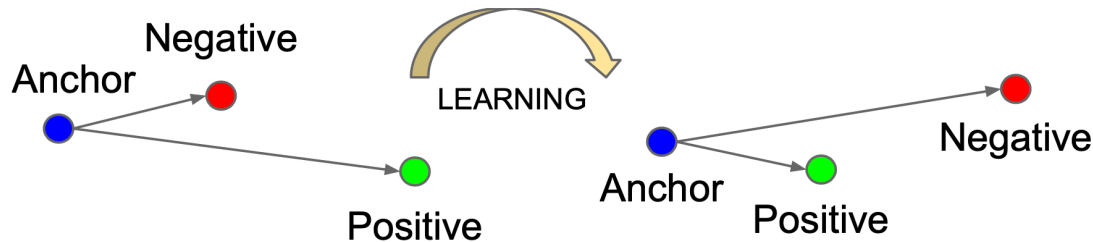


Triplet Loss

minimize the distance between the anchor and positive and maximize the distance between the anchor and negative

$$\mathcal{L}_{\text{triplet}}(\mathbf{x}, \mathbf{x}^+, \mathbf{x}^-) = \sum_{\mathbf{x} \in \mathcal{X}} \max\left(0, \|f(\mathbf{x}) - f(\mathbf{x}^+)\|_2^2 - \|f(\mathbf{x}) - f(\mathbf{x}^-)\|_2^2 + \epsilon\right)$$

- $f(x)$ embedding of image x
- $\langle x, x^+, x^- \rangle$ anchor, positive, negative
- ϵ margin between positive and negative



Triplet Sampling



- problem: slow convergence due to instability
- triplet selection is crucial
- ideally, pick the most difficult examples
 - hard positive $\operatorname{argmax}_{x_i^p} \|f(x_i^a) - f(x_i^p)\|_2^2$ (further from anchor)
 - hard negative $\operatorname{argmin}_{x_i^n} \|f(x_i^a) - f(x_i^n)\|_2^2$ (closer to anchor)
 - expensive to compute
- in practice, use large mini-batches

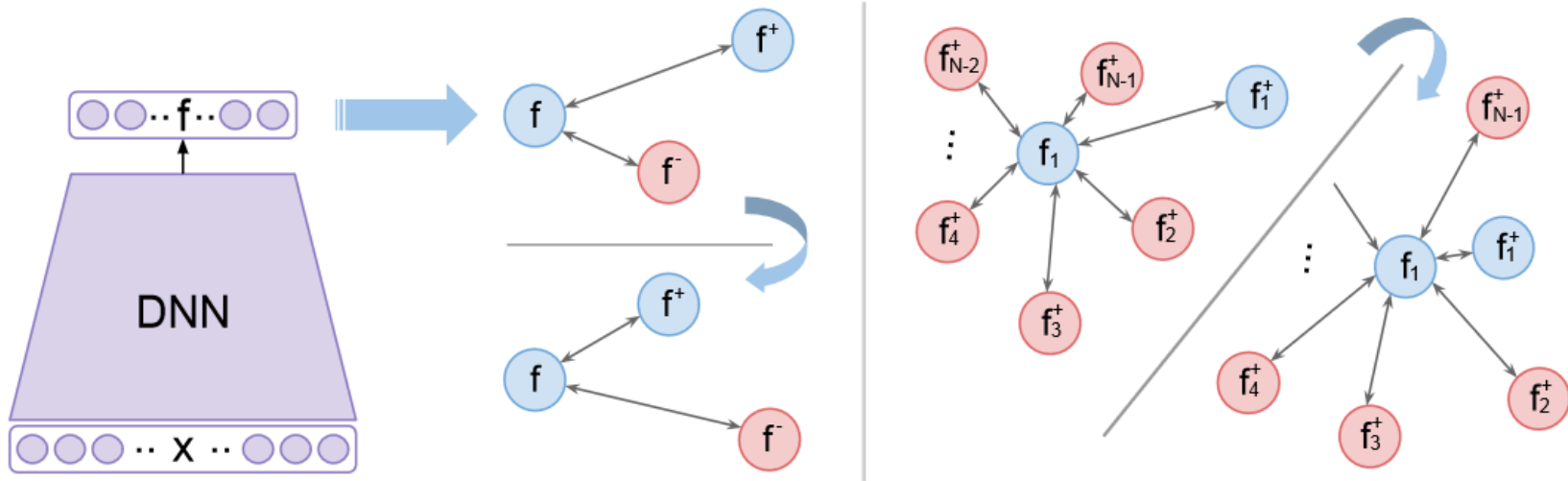
From triplet to N-way Loss



- **PROBLEM:** triplet loss is slow to converge because it looks at a single $\langle \text{pos}, \text{neg} \rangle$ pair at each step
- **SOLUTION:** we can compare against more negative examples
- **N -pair loss** generalizes triplet loss by using $N - 1$ negatives
- reduces computational burden by using only N pairs of examples, instead of $(N + 1) \times N$

NOTE: all the modern SSL method use N-way comparisons

N-Way Loss



N-way loss (2)



$$\mathcal{L}(\{x, x^+, \{x_i\}_{i=1}^{N-1}\}; f) = \log \left(1 + \sum_{i=1}^{N-1} \exp(f^\top f_i - f^\top f^+) \right)$$

- x anchor
- x^+ positive
- $\{x_i\}_{i=1}^{N-1}$ negatives
- efficiency: the same N example are reused for all the mini-batch
 - only N computations of the embeddings (expensive DNN forward pass)
 - N^2 dot products

- we want to find the hard samples

METHOD: selection of negative samples for N-way loss

1. Evaluate Embedding Vectors:

- choose randomly a large number of output classes C ;
- for each class, randomly pass a few (one or two) examples to extract their embedding vectors.

2. Select Negative Classes:

- select one class randomly from C classes from step 1.
- Next, greedily add a new class that **violates triplet constraint the most** w.r.t. the selected classes till we reach N classes. When a tie appears, we randomly pick one of tied classes

3. Finalize N -pair: draw two examples from each selected class from step 2.

Embedding Regularization



- the similarity $f^\top f^+$ depends on the direction and norm of the embeddings
- unconstrained optimization leads to unbounded norm growth
 - it pushes embeddings further without changing their direction
 - which we want to avoid
- normalization would solve the norm growth but it is too restrictive
- penalizing the embedding norm $\|f\|_2^2$ works well in practice
 - avoids unbounded growth by penalizing it
 - it doesn't constrain too much
- **KEEP IN MIND:** this is a common issue with embedding-based methods

Example Application – Supervised Contrastive Loss



Person Re-Identification (ReID) is one of the common usecases for *supervised contrastive losses*

ReID is an **open-set identification problem**:

- test identities may be unseen at training time (e.g. we want to identify a novel person)
- classification losses do not transfer well

Training: learn an embedding model with a contrastive loss

Test: classify person with a distance-based classifier

NOTE: we will revisit similar ideas more concretely in the open-world learning and few-shot learning lectures.

SSL Method for DNNs

Instance Discrimination

The following SSL methods
all use the same pretext task:

Instance discrimination

- **Positive:** different augmentations of the same instance
- **Negative:** different instances

Positive pair



Negative pair



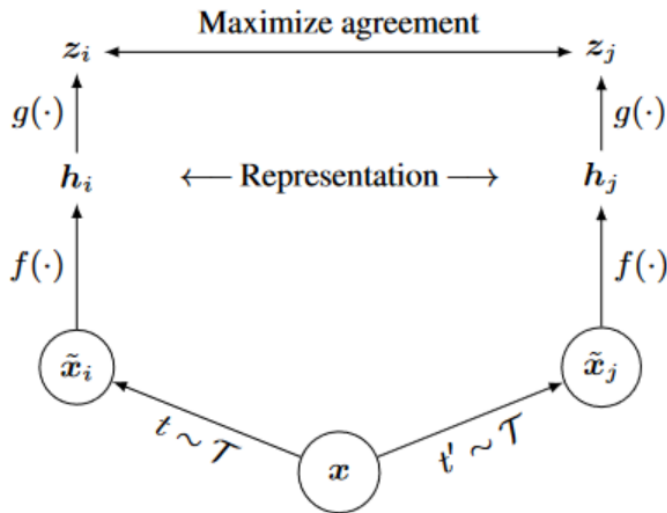
SimCLR: a simple framework for contrastive learning of visual representations

- **IDEA:** *maximizing agreement between differently augmented views of the same data example via a contrastive loss in the latent space*
- (1) composition of data augmentations plays a critical role in defining effective predictive tasks
- (2) introducing a **learnable nonlinear transformation** between the representation and the contrastive loss substantially improves the quality of the learned representations, and
- (3) contrastive learning benefits from larger batch sizes and more training steps compared to supervised learning

SimCLR – Network Architecture



- **Augmentations:** random crop, resize back to the original size, random color distortions, and random Gaussian blur. The combination of random crop and color distortion is crucial for performance.
- **base encoder:** $\mathbf{h}_i = f(\tilde{\mathbf{x}}_i)$, such as a ResNet without the linear classifier
- **projection head:** contrastive loss is not applied directly to the embeddings but to a projected space. 1-layer MLP projection $\mathbf{z}_i = g(\mathbf{h}_i) = W^{(2)} \text{ReLU}(W^{(1)} \mathbf{h}_i)$



SimCLR - Minibatch

```
# z1: embedding of first augmentation
# z2: embedding of second augmentation

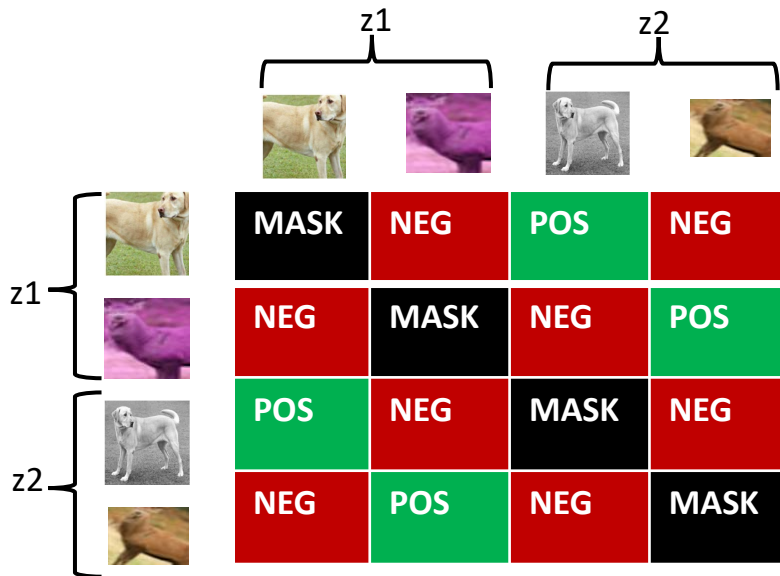
# Concatenate: (2B, D)
z = torch.cat([z1, z2], dim=0)

# Similarity logits: (2B, 2B)
logits = (z @ z.t()) / temperature

# Mask self-similarity
mask = torch.eye(2 * B, device=device,
                 dtype=torch.bool)
logits = logits.masked_fill(mask,
                             float("-inf"))

# Positive index for each anchor i:
# for i in [0..B-1], pos is i+B;
# for i in [B..2B-1], pos is i-B
pos = torch.arange(2 * B, device=device)
pos = (pos + B) % (2 * B)
```

- The two augmentations are concatenated in the same dimension
- We compute all the pairwise comparisons (2Bx2B matrix)
- Each row has:
 - One positive
 - One self-similarity (to ignore)
 - Rest are the negatives
- NOTE: different implementations may organize the samples differently



- **contrastive loss**: given N samples, apply augmentations (get $2N$ samples), loss is a softmax on similarity scores
- **NT-Xent**: normalized temperature-scaled cross entropy loss
- $\ell_{i,j} = -\log \frac{\exp(\text{sim}(\mathbf{z}_i, \mathbf{z}_j)/\tau)}{\sum_{k=1}^{2N} \mathbb{1}_{[k \neq i]} \exp(\text{sim}(\mathbf{z}_i, \mathbf{z}_k)/\tau)}$
- cosine similarity $\text{sim}(\mathbf{u}, \mathbf{v}) = \mathbf{u}^\top \mathbf{v} / \|\mathbf{u}\| \|\mathbf{v}\|$
- τ softmax temperature
- doesn't use negative mining

Algorithm 1 SimCLR’s main learning algorithm.

input: batch size N , constant τ , structure of f, g, \mathcal{T} .

for sampled minibatch $\{\mathbf{x}_k\}_{k=1}^N$ **do**

for all $k \in \{1, \dots, N\}$ **do**

 draw two augmentation functions $t \sim \mathcal{T}, t' \sim \mathcal{T}$

 # the first augmentation

$\tilde{\mathbf{x}}_{2k-1} = t(\mathbf{x}_k)$

$\mathbf{h}_{2k-1} = f(\tilde{\mathbf{x}}_{2k-1})$ # representation

$\mathbf{z}_{2k-1} = g(\mathbf{h}_{2k-1})$ # projection

 # the second augmentation

$\tilde{\mathbf{x}}_{2k} = t'(\mathbf{x}_k)$

$\mathbf{h}_{2k} = f(\tilde{\mathbf{x}}_{2k})$ # representation

$\mathbf{z}_{2k} = g(\mathbf{h}_{2k})$ # projection

end for

for all $i \in \{1, \dots, 2N\}$ and $j \in \{1, \dots, 2N\}$ **do**

$s_{i,j} = \mathbf{z}_i^\top \mathbf{z}_j / (\|\mathbf{z}_i\| \|\mathbf{z}_j\|)$ # pairwise similarity

end for

define $\ell(i, j)$ **as** $\ell(i, j) = -\log \frac{\exp(s_{i,j}/\tau)}{\sum_{k=1}^{2N} \mathbb{1}_{[k \neq i]} \exp(s_{i,k}/\tau)}$

$\mathcal{L} = \frac{1}{2N} \sum_{k=1}^N [\ell(2k-1, 2k) + \ell(2k, 2k-1)]$

 update networks f and g to minimize \mathcal{L}

end for

return encoder network $f(\cdot)$, and throw away $g(\cdot)$

Contrastive Learning needs large batch sizes

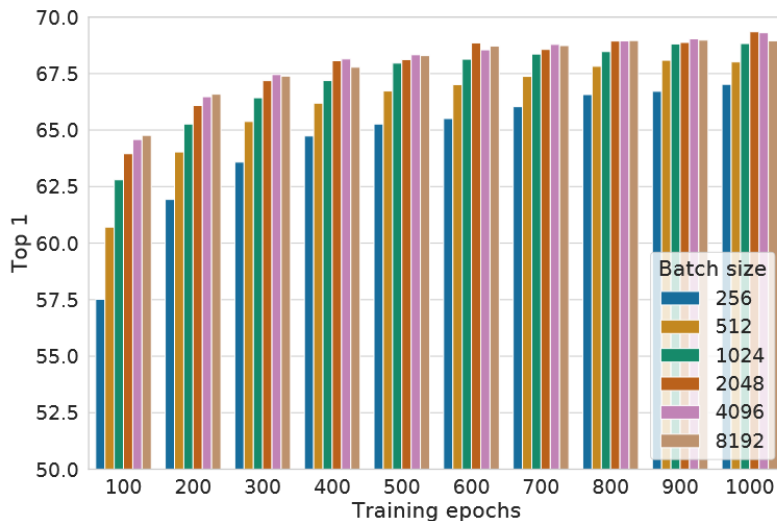


Figure 9. Linear evaluation models (ResNet-50) trained with different batch size and epochs. Each bar is a single run from scratch.¹⁰

SSL performance is close to Supervised Performance

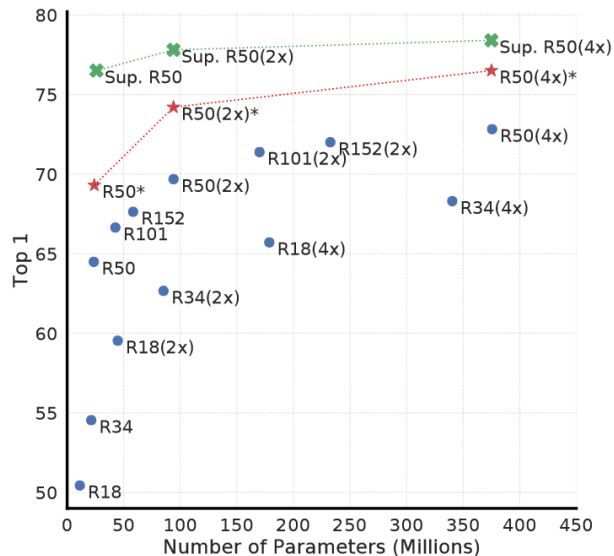
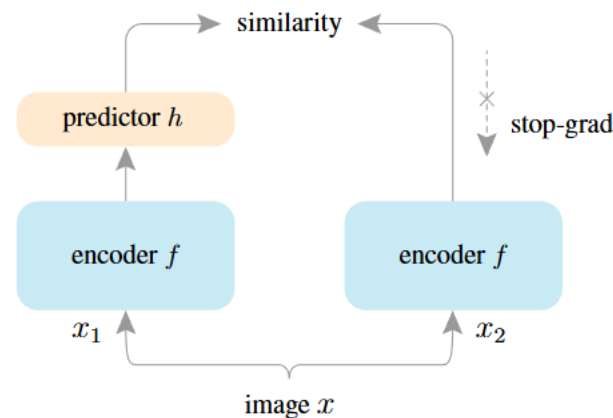


Figure 7. Linear evaluation of models with varied depth and width. Models in blue dots are ours trained for 100 epochs, models in red stars are ours trained for 1000 epochs, and models in green crosses are supervised ResNets trained for 90 epochs⁷ (He et al., 2016).

- **SimSiam**: A simple contrastive SSL method
- **Loss**: negative cosine similarity (symmetrized)

$$\mathcal{D}(p_1, z_2) = -\frac{p_1}{\|p_1\|_2} \cdot \frac{z_2}{\|z_2\|_2}$$

- **Stop-grad** blocks the gradient. The two encoders are the same but the learning signals flows only in one direction
- **Projector** only in the first augmentation



Algorithm 1 SimSiam Pseudocode, PyTorch-like

```
# f: backbone + projection mlp
# h: prediction mlp

for x in loader: # load a minibatch x with n samples
    x1, x2 = aug(x), aug(x) # random augmentation
    z1, z2 = f(x1), f(x2) # projections, n-by-d
    p1, p2 = h(z1), h(z2) # predictions, n-by-d
```

Symmetrized loss -> $L = D(p1, z2)/2 + D(p2, z1)/2$ # loss

```
L.backward() # back-propagate
update(f, h) # SGD update
```

Stop gradient -> `def D(p, z): # negative cosine similarity`
`z = z.detach() # stop gradient`

```
p = normalize(p, dim=1) # l2-normalize
z = normalize(z, dim=1) # l2-normalize
return -(p*z).sum(dim=1).mean()
```

Some Implementation Details



- **Hyperparameters:**
 - many methods require large batch sizes and more iterations
 - in general, don't expect hyperparameters optimized for the supervised setting to transfer to the SSL setting
- **IMPLEMENTATION DETAIL:** augmentations are expensive
 - they are often done on CPU. CPU \leftrightarrow GPU communication may become the bottleneck
 - heavy augmentations may be slow. The GPU has to wait, wasting GPU cycles.
 - several libraries are designed to optimized the preprocessing pipeline

Recap - Contrastive Learning



- **IDEA:** pull positive closer, push negatives further
- **Triplet loss:** select one anchor, one positive and one negative. Mine for hard negatives
- **N-way loss:** select N samples and do all the pairwise comparisons
- **SimCLR:** augmentations + contrastive loss + linear projection
- **SimSiam:** simple instantiation of contrastive SSL method

Recap: Contrastive SSL Methods



Main ingredients

- Instance discrimination task
- Separate embed + project components
- N-way contrastive losses

Take-Home Messages



- SSL methods learn robust representation without any supervision
- Augmentations are a fundamental tool to learn robust representations
- you can learn robust representations using contrastive learning (positives gets closer, negatives are pushed further)

References



- papers in the footnotes
- good blogpost with an overview of many more methods:
<https://lilianweng.github.io/posts/2019-11-10-self-supervised/>
- [\[2304.12210\] A Cookbook of Self-Supervised Learning](#)

Next Lecture



- Definition of Meta-Learning
- Few-Shot Learning
- Deep Metric Learning